Whittington Health NHS Trust

Haringey Universal Therapy Services (HUTS) Advice Poster

How can I help my child to say words clearly?



- Be **face-to-face** when talking together so your child can see the way your mouth makes the sounds.
- **Repeat back** their words using the correct sounds, e.g. Child: “a tat!” Adult: “yes, a cat!”
- Remember to focus on **what** they are saying not just **how** they are saying it
- If you don’t understand, avoid asking them to repeat themselves again. Instead, ask them to **show** you what they are talking about

Find out more:

Learn more about speech sound development

Speech and Language UK

Watch this video for activity ideas

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Call
0203 224 4399
Email
whh-tr.huts@nhs.net
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