



PSHE –

Intent, Implementation and Impact

Humans learn - it is part of what it means to be human. We are learning from our first breath until our last. And learning helps us to thrive, to grow, to flourish, it is essential to our wellbeing. Learning helps us to achieve wellbeing and achieving wellbeing helps us to learn (2012)

Intent

At Coldfall Primary, we are aware of the way that PSHE (Personal, Social, Health, Economic) and RSE (Relationship, Sex, Education) supports many of the principles of safeguarding and links closely to schools Safeguarding, SMSC (Spiritual, Moral, Social and Cultural), British Values Policies and Values Based Education. We are all aware of the important role the PSHE curriculum has in supporting school to safeguard the 9 protected characteristics of The Equality Act 2010.

At Coldfall Primary, our intent is to help children become compassionate resilient people who can contribute to the wider society. Our curriculum will prepare children to be a global citizen in a diverse society and prepare them for the opportunities, responsibilities and experiences for later life. We are aware that the delivered curriculum must reflect the needs of our pupils. We have streamlined the Lifewise PSHE and RSE scheme of learning to complement our behaviour policy, which includes the Golden Rules and Give me 5 as well as The schools 4 Golden Strands. The schemes of work follow on comprehensively from the EYFS 7 areas of Learning, specifically PSED, Understanding the world and C&L up to Year 6.

Teaching and learning in the classroom should show progression across all Key Stages within the PSHE and RSE core themes: health and wellbeing, relationships and living in the wider world. Each phase builds on the vocabulary, knowledge and skills taught in the previous to allow children to acquire further knowledge, know more and remember more. We expect teachers to use a PSHE programme to equip pupils with an age-appropriate, sound understanding of risk, with the knowledge and skills necessary to make safe and informed decisions and to recognise the importance of their own mental health and well-being. Our PSHE and RSE curriculum will incorporate an age appropriate understanding of RSE, as set out in the statutory guidance, enabling all children to be safe and to understand and develop healthy relationships both now and in their future lives

4 Golden threads

These 4 principles are deliberately chosen and revisited often, not just in PSHE/RSE lessons, so that we reach our aim of enabling Coldfall children to be successful, happy learners who have a positive impact on the world.

The four threads are:

Golden thread 1 Diversity and Inclusion

Golden thread 2: Sustainability and Environment

Golden thread 3: Values

Golden Thread 4: Activism and being an Upstander

In addition, whole school initiatives such as raising money for the Educaid charity that provides Free school places to children in Sierra Leone, celebrating peace, 'Make a difference Day' projects, and individual fundraising and awareness activities, initiated by children, are celebrated and publicised in the school newsletter or Golden Book Assemblies.

Implementation

We strive to provide our children with learning opportunities across and beyond the curriculum, in specific lessons, circle time, special school projects and other activities that enrich pupils' experiences. There are always occasions where teachers may feel it necessary to teach PSHE as a result of an issue arisen in their own class. Our school environment reinforces the PSHE curriculum through questioning, vocabulary and discussion topics throughout school. We use, Values Based Learning, British Values and SMSC displays in the classroom to provide these opportunities for children. Our curriculum is enhanced by the Coldfall Values of the month and these are discussed in assemblies and weekly celebrations.

LIFEWISE

At Coldfall we have started to use 'Lifewise PSHE and Activity Scheme' scheme of work, which covers the National Curriculum, Statutory and Non-Statutory Guidance and DfE 'Relationships' and 'British Values'. Although we do not always teach exclusively from this, it provides teachers with a clear progression framework from Early Years to year 6, allowing them to identify previous learning and build on from there. Teachers are able to tailor the learning to suit their classes needs.

It also provides activities which compliment themed weeks, for example 'anti bullying week'. This allows staff to use and build on its ideas to support the children's learning and revisit it later on in the term or school year.

Impact

All children understand the importance of PSHE, RSE, SMSC and Values and the effects it can have on life in and out of school, this is evident through termly pupil voice and Holistic Learning and PSHE coverage folder monitoring by the curriculum leader. By teaching pupils to stay safe and healthy, and by building self-esteem, resilience and empathy, an effective PSHE programme can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils. The skills and attributes developed through PSHE education are also shown to increase academic attainment and attendance rates, particularly among pupils eligible for free school meals, as well as improve employability and boost social mobility.

By the time they leave our school, children's personal, social and health education (PSHE) will enable them to become healthy, independent and responsible members of a society. It helps them

understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. Our curriculum allows pupils to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.