

# Resource Ideas

## Books

1. Dyslexia: A Teenager's Guide by Sylvia Moody (2004)  
Vermilion: London ISBN: 9780091900014
2. Study with Dyslexia: 4(Pocket Study Skills) 2<sup>nd</sup> Edition (2018)  
By Janet Goodwin MacMillan Education (Palgrave): London  
ISBN: 978-1-352-00039-9
3. Study Skills for Students with Dyslexia: Support for Specific Learning Differences (SpLDs) (Student Success) Sandra Hargreaves & Janine Crabb (2016)  
Sage Publishers Ltd: London ISBN: 978-1-47392-513-7
4. Dyslexia is my Superpower by Margaret Rooke (2018)  
Jessica Kingsley Pub: London ISBN: 978-1-78592-299-2
5. What is Dyslexia? A book to explain Dyslexia for kids and adults to use together by Adam Hultquist (2008) Jessica Kingsley: London  
ISBN: 978-1-84310-882-5
6. Dyslexia Wrestling with an Octopus 10 Tips to help your Child by Beth Beamish  
(2020) Merits Publishing: UK ISBN: 9780473521912
7. Dyslexia and me – Expert tips and mindful activities for young people with dyslexia by Amy Rainbow (2020) Studio Press: London ISBN: 978-1-78741-536-2
8. What I need: Dyslexics Can Reach the Stars and Shine by Tiffany James  
(2020) Nessy Learning ISBN: 978-1838111007
9. Promote consistent interest in books through shared reading and discussion. [www.barringtonstokes.co.uk](http://www.barringtonstokes.co.uk) offers a wide range of high interest books developed for Dyslexic readers. They are printed on cream paper and have a suitable font and spacing so that the text is clear and easier to track.
10. The Spelling Rulebook by SEN Marketing (2008) SEN Marketing: West Yorkshire  
ISBN: 9781903842065 [www.senbooks.co.uk](http://www.senbooks.co.uk)
11. 'Tricky Spellings in Cartoons for Children' and 'High Frequency Words in Cartoons' by Lidia Stanton. There are a whole series of these books  
[lidiastanton.com](http://lidiastanton.com)

12. Taking the Hell Out of Homework. Tips and techniques for parents and educators. By Neil MacKay (2010) SEN Marketing: Wakefield ISBN: 9781903842096

### Free Electronic Aids

1. **Orato** - text to speech aid  
[https://www.learningapps.co.uk/moodle/xertetoolkits/play.php?template\\_id=1289#page1](https://www.learningapps.co.uk/moodle/xertetoolkits/play.php?template_id=1289#page1)
2. **Balabolka** - text to speech programme  
<https://www.techspot.com/downloads/5814-balabolka.html>
3. **Natural Reader** text to speech software <https://www.naturalreaders.com/>
4. **Immersive Reader** to help broaden the range and amount of reading the person can do. It can be used at home and at school, or see an equivalent on your device. <https://libanswers.leedsbeckett.ac.uk/faq/243635>
5. There are many apps and information available from **Call Scotland**  
[www.callscotland.org.uk](http://www.callscotland.org.uk)
6. **Touch typing** can be learnt at: <https://www.doorwayonline.org.uk/typing/>  
<https://www.typingclub.com/sportal/> **BBC Dance mat typing** at <https://www.bbc.co.uk/bitesize/topics/zf2f9j6/articles/z3c6tfr>
7. **X-mind** – a mind mapping tool, has a free download, but then you need to purchase it <https://www.xmind.net/>
8. **Evernote** – note taking programme has a free element, but you can upgrade too <https://evernote.com/>
9. **Cite this for me** – to help with creating references  
<https://www.citethisforme.com/>
10. **Adobe Reader 10** for PDF documents  
[https://www.adobe.com/uk/acrobat/pdf-reader.html?mv=search&sdid=QLD1PCTN&ef\\_id=c785ca1f7a0614b94468abe745afb161:G:s&s\\_kwcid=AL!3085!10!79577311827242!79577602250774](https://www.adobe.com/uk/acrobat/pdf-reader.html?mv=search&sdid=QLD1PCTN&ef_id=c785ca1f7a0614b94468abe745afb161:G:s&s_kwcid=AL!3085!10!79577311827242!79577602250774)
11. **My Study Bar** – for many aspects of learning  
<https://www.callscotland.org.uk/mystudybar/>
12. **Speechify** app from Google play store. Take a photo of a page of text with your phone and it reads it out like text to speech software. This is good for older children. It has a free version to do basic reading out of your mail, or pages from books. You can upgrade to read pdf and online information, but your phone will probably do this anyway.
13. **BBC Bitesize**, excellent revision ideas and support
14. **Dictate into an iPad**

### Pay for Technology

1. **Widgit**
2. **Clicker software**
3. **Dragon software** – there are many versions of this professional speech to text software

4. **Achieve Now** is a company for children with Dyslexia and Specific Learning Difficulties, that also helps with the latest technology available including typing and studying: <https://www.achievenow.org.uk/>
5. **Nessy** has lots of apps as well that may help: <https://www.nessy.com/en-gb/shop/apps>
6. **Monster Phonics** has lots of ready made lessons, books and is a complete programme with DFE accreditation <https://monsterphonics.com/>
7. **Reading Pens** – there a range on the market, but the version I use is C-Pen Reader at <https://cpen.com/> ( you can use the exam version of this in exams without applying for access arrangements)
8. **Listening Books** ([www.listening-books.org.uk](http://www.listening-books.org.uk)) has a range of educational books which will also support the Secondary School curriculum. Film versions of texts he/she is studying will also be useful. Audible books will relieve him/her of her visual processing symptoms such as missing words out and adding words.
9. **Audio books**
10. **Table Fables** to help learn times tables [www.tablefables.net](http://www.tablefables.net)
11. **Developing a growth mindset** - confidence and self esteem <https://biglifejournal-uk.co.uk/>

## Games and Equipment

1. **Think fun games** to help with logical thinking: <https://www.thinkfun.com/>
2. **Brain box games** to help with memory and literacy skills: <https://www.brainbox.co.uk/>
3. Pairs games, Kims games, Dobble, Problem solving games e.g. Tangram, Rush, Traffic Jam,
4. **Fine motor games and activities:** Buzz wire, Operation, threading, lacing, pegboards, elastic band boards, jigsaws, dot to dot, mazes, odd one out, spot the difference, word searches, crosswords
5. **Spelling and logical thinking games** – scrabble, boggle, hangman, I spy, Give us a clue, 20 questions, ‘Animal, Vegetable, Mineral’. Please also see the separate ***‘Multi-sensory spelling support’ document.***
6. **Bingo games** using the high frequency words.
7. **TRUGS** Reading games. Trugs would be a systematic and highly enjoyable way of practising and developing skills. <https://www.readsuccessfully.com> There is a box for home use. Brilliant for pupils who are reluctant to practise “sound families” or read books.

## Sources of information and help

1. **British Dyslexia Association** this has lots of information about what Dyslexia is, how to diagnose it (with checklists and screeners) and support for parents, students, educators and employers. <https://www.bdadyslexia.org.uk/>

2. **Helen Arkell Dyslexia Charity** has lots of information and support for all those living and working with Dyslexia. <https://www.helenarkell.org.uk/>